



CLAIRE BRADSHAW
ASSOCIATES



ILM Level 7 Certificate For Executive & Senior Level Coaches & Mentors

Our accredited training programme for experienced coaches and mentors, HR and Organisational professionals and senior leaders

Introduction

Coaching has an amazing impact on our ability to communicate, to lead, influence, to support and enable. It teaches us so much about ourselves and helps increase confidence, performance and well-being.

If you'd like to deepen your coaching practice, develop your coaching skills further and gain an industry recognised qualification, the ILM Level 7 Certificate in Executive Coaching and Mentoring is for you.

Perhaps you are a manager or Human Resources / Organisation Development professional wishing to build on your existing coaching skills and develop your expertise and credibility.

Benefits for you

- Know how to review and build the context, strategy, culture and processes for coaching and mentoring at a senior and strategic level
- Connect with and review your 'self as instrument' in coaching and mentoring, deepening your awareness of self and others and cultivating a presence which best serves the needs of your clients
- Be able to utilise skilfully a range of coaching and mentoring approaches and models
- Gain experience of planning, delivering and evaluating coaching with clients at a senior and strategic level
- Be coached by delegates on the programme on topics of meaning to you



Entry criteria

You will have some experience of coaching and mentoring, ideally as a coach working 1-1 with clients. If you are unsure whether your experience will enable you to gain the most from the learning, let's have a conversation! To gain the ILM accreditation, you are required to undertake at least 20 hours of coach practice. I appreciate it may have been a while since you have participated in formal study, there are tutorials embedded into the course to support you with this.

When you learn to be a coach, you'll notice your confidence, your impact and relationships flourish.



Our next training begins in the Spring of 2024

Workshop dates

- 23 & 24 April – full learning days including coaching practice
- 20 & 21 May – full learning days including coaching practice
- 25 & 26 June – full learning days including coaching practice
- 13th June 9.30am – 12 noon – online coaching practice group via Zoom
- 16th July – online coaching supervision group via Zoom
- Additional 1-1 tutorial / coaching supervision support



Course content

The induction to the programme gives you an opportunity to understand more about how it works (it's structure, assessment and support) and space to get to know other participants and to ask questions. During the programme, we will cover a range of topics to enhance and deepen your coaching skills including:

- Self as instrument
- Reflective practice and supervision
- Contracting
- Coaching with Clean Space
- Nancy Kline's Thinking Environment
- Language and metaphor in coaching
- Mindfulness for coaches
- Coaching outdoors
- NLP and coaching

Throughout the programme there will be the opportunity to coach, be coached and observe coaching and receive feedback from tutors and other delegates.

Assessment

There are 3 assignments required for this qualification:

1. 'Understanding the context of coaching and mentoring in a strategic business environment' enables you to critically review the role and contribution of coaching and mentoring at a senior level.
2. 'Reviewing own ability as a management coach or mentor' will give you the tools and techniques to review and improve your practise
3. Demonstrate your ability to plan, deliver and review at least 20 hours of coaching and mentoring with senior leaders.

There is a requirement for you to undertake self-directed learning including reading, reflection and the creation of your own coaching resources.

Support

It's important to me that you feel supported to undertake what's required for the course. We'll create a learning agreement together for up to 12 months after the taught element is complete. Online group tutorials will provide you with help to complete assignments and there will be opportunities throughout to ask questions and gain feedback. I'll encourage you to work with a 'buddy' from the course to support, motivate and challenge.



What people say

"What I appreciated about working with you is your listening, your insight, your being fine with emotion and messiness, your flexibility and trust in me and the coaching process, your ability to weave the purity of coaching in... you making it feel safe, the fine combination of teaching us how to do it , while doing it and receiving it all at the same time."

"Claire engages quickly and deeply with a group, bringing enthusiasm and lasting outcomes which impact all across the organisation"

Why choose us?

- Our facilitators bring the curiosity, compassion and energy you'd expect of a good coach to everything they do – to every learning session, supervision group and 1-1 conversation.
- All sessions are interactive, thought provoking and practical – we are great believers in learning from experience which is underpinned by a good theoretical base.
- We're proud of the support we offer for learners both during and after our programmes and you'll have peace of mind knowing that you are supported by experienced coaches and a qualified coach supervisor throughout. This will help you grow and develop without feeling overwhelmed.
- All our programmes include high quality learning resources.
- We have a wealth of experience of coaching in a wide range of contexts – including the NHS, senior civil service, businesses and the voluntary sector. We are a values-led team and providing social value is important to us. We are involved in initiatives to promote inclusion including volunteering with the wonderful [Queen Bee Coaching](#).

As practitioners, we frequently coach outdoors and include this unique learning within our qualification.

- We know that the learning doesn't stop when the course finishes! We offer a complementary workshop if you want to set up your own coaching business and 3 months free access to our [Consciously Connected Coaching Collective](#).

Investment

£3350 + VAT early bird rate until 1st December 2023. After that: £3700 + VAT

Ask me about arrangements and rates if you are a social enterprise, third sector organisation or are self funding



Location

Didsbury House Hotel, Didsbury Park, Didsbury Village, M20 5LJ

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