



# EMCC Global Senior Practitioner Coaching and Mentoring Programme with ILM Level 7

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## Frequently Asked Questions

### 1. Who is the ILM Level 7 programme for?

This programme is designed for experienced coaches, mentors, HR and OD professionals, and senior leaders who want to deepen their practice. It's equally valuable if you are an established coach seeking accreditation, a senior leader wishing to enhance your leadership impact, or a manager who wants to embed coaching into organisational culture.

### 2. What accreditations will I receive?

On successful completion, you will gain a **dual accreditation**:

- **ILM Level 7 Certificate for Executive and Senior Level Coaches**
- Eligibility to apply for the **EMCC European Individual Award (EIA) at Senior Practitioner Level**, once sufficient coaching hours are evidenced.

### 3. Do I need previous coaching qualifications or experience?

Yes, some experience is required. Participants have been coaching or mentoring in a leadership capacity and/or hold an ILM Level 5 in coaching or equivalent. If you don't yet have formal training, we can offer a short 'top-up' course to help you prepare fully for Level 7 / Senior Practitioner.

### 4. What is the structure of the programme?

The programme runs from **Autumn 2025 to Spring 2026**, with a blend of online and in-person learning. You'll take part in:

- Interactive online workshops
- Two in-person days (including our unique *coaching outdoors* module)
- Peer discussion groups, co-coaching, and book clubs
- Ongoing access to the **Consciously Connected Coaching Collective**

### What makes this programme different?

- **Dual accreditation** (ILM + EMCC)
- Emphasis on **experiential learning**, not just theory
- Inclusion of **coaching outdoors** as a unique, perspective-shifting practice
- Extensive support before, during and after the programme, including group tutorials, supervision, and peer networks

- A values-led team with wide experience across sectors including the NHS, senior civil service, higher education, and business

### 5. What will I learn?

You will deepen your coaching practice through topics such as:

- Self-awareness and reflective practice
- Contracting and ethical frameworks
- Coaching outdoors and use of metaphor
- Neurodiversity coaching
- Mindfulness and NLP in coaching
- Coaching in a Thinking Environment

### 6. How am I assessed?

Assessment includes three assignments and at least 20 hours of senior-level coaching. You'll also maintain a log of coaching practice, supervision, reflection and CPD as part of the EMCC requirements.

### 7. How long will the qualification take?

Participants often complete the ILM qualification in around 12 months. To complete the Senior Practitioner accreditation, you will need to log 500 hours of coaching over at least a 5-year period. This can include coaching undertaken in-role and coaching and mentoring carried out prior to starting the programme.

### 8. What support will I receive?

You'll have:

- A personal learning agreement (up to 12 months)
- Online tutorials and group feedback sessions
- Peer 'buddy' support and practice coaching
- Membership of our coaching collective for six months

### 9. What is the investment?

- For individuals/small organisations (<3 staff): £3,800 + VAT
- For larger organisations (>3 staff): £4,150 + VAT

### 10. Where will the in-person workshops be held?

The in-person sessions will take place in a UK location such as **Manchester, the Peak District, or a similar setting**. The venue is chosen to support both high-quality learning and our outdoor coaching modules.